

Deceived

Right now if you feel that you've been deceived, you are filled with hurt, filled with mistrust because someone has taken advantage of you. You probably feel very powerless and feel like the victim because this has happened. Your empowered self of course is always here to signal to you that you are never without power. One of the greatest powers in this situation is, now you are able to see the truth of the situation. The truth of the situation is laid out to you, plain as day. This is important information. With this information you're able to make an empowered choice. Do you keep someone or something in your life that has been deceiving to you, or do you get rid of it, or do you change the situation? You have the power to now set things up that's going to serve your highest good based on this information. Where before you were in the dark. This leads us to the second point of empowerment. Were you unconsciously deceiving yourself? Were you ignoring signals because of your own fears? When you recognize this within yourself, this is where your true power come from within. Because you can say, hey there were signals that this job wasn't going to work out, but I ignored them because I needed the money. Or there were signals that this person that I was dating wasn't telling the truth, but I ignored them because I really desired love. What your empowered self is saying, is that your ego made you believe that if lax your boundaries you would get what you want. Obviously that's not the truth. Whenever we do that, we deceive ourselves. Our true desires aren't able to be met. Your boundaries, your setting the tone and limits really allow you to create a place of trust. So that from that place of trust, you're able to be your best self. Then whoever you're in a relationship with, is also able to be their best self. With those boundaries created, that's what creates a sense of safety and trust. So to believe in your inner self when it wants to have certain boundaries in place, that that's integral for you. That if someone can't meet up to that boundary, that might be a signal to support you, to understand and see their true colors as well. Use this deception to empower you. To create the boundaries that serve you. To create more trust within yourself. When you do that, then you will be able to create the parameters in your life that allow you to have trusting relationships that really bring you greater joy and fulfillment in life.