

Hopeless

If you are feeling hopeless right now, that means you have given up. You feel that there is no more chance for you being able to receive something that you really desire. That your hope, your dream, your need of something isn't going to happen. So you've given up hope. It's like you're ready to just go on with life without having something that you deeply desire. Your empowered self of course always wants you to know that your deepest desires that come from your heart, are possible. Your empowered self is using hopelessness to let you know that the way you're going about trying to achieve this desire is hopeless. That's what's hopeless, is the thoughts, the beliefs, the actions that you're taking aren't in alignment with your heart.

You need hopelessness to signal to you that it's not going to work this way. You aren't going to be able to achieve your goals and your dreams, when you are attached to lack, or fear, or beliefs that don't serve you. That make you smaller than your true empowered self, your true version, and fullest version of self. One of the biggest areas where I hear people become hopeless is with relationships. They think that there's no good men or women out there anymore. As hard as they've tried to find 'the one' they haven't been able to, so they're at wits end and they're going to give up. Now what your empowered self is trying to share in that instance, is that what you need to give up is that belief that there no good partners out there available for you. I understand this. I was one of those who thought that at one point. Of course I didn't find my soul mate. Partially through hopelessness, and a lot of other feelings, but hopelessness allows us to shift our belief in ourselves. To reflect what are we buying into about ourselves, and about the external, about that desire that isn't serving us. Just with that sense, there's a sense of lack that your needs won't be met.

You also get an opportunity to look deeper. For myself there was this belief that I wasn't lovable. Therefore not deserving to have my soul mate, to experience a soul mate relationship. What had to shift for me, from within me, was a whole new change in beliefs about myself. About seeing myself as lovable, as being able and worth of having my desire met. For you it's about having your desire met, feeling worthy and able. Then as well as having the belief that it is possible. When you combine those two elements, that's where you're going to find the internal guidance as to how you should approach reaching for your desire. Sometimes that could be surrender. That could be letting go and trusting, while still believing that it's possible. Allowing your desire to come to you. In this society where we push and we try to make things happen; sometimes hopelessness comes in to say that masculine form of energy of trying to control and do things your way, isn't going to cut the mustard. You need to really surrender, let go, and go back within for the internal guidance. While believing and knowing with certainty that all your needs will be met.