

Impatient

If you are feeling impatient right now, that means that a part of you is longing for something that you just can't seem to get. You're saying I don't want to wait anymore. Why can't I have what I desire? What am I doing wrong? What more can do? Of course this is your ego trying to push, and to force, and to make things happen. Your ego is way out into the future. Your empowered self is using this as a signal, your impatience as a signal for you to come back to the present moment. Your ego has you out in the future for a reason. It wants you to get caught up in those longings, so you can't truly claim your power in the present. In the present what your empowered self is trying to tell you, is that you are trying to define yourself based on having that longing. In other words, there is something you are saying within yourself right now about what it means for you not to have what you long for. You place meaning about yourself, from not having your desire met. Maybe you don't have a relationship that you're longing for. So you place that meaning that you're unlovable.

That's where your empowerment begins, by you recognizing that you are lovable in this moment without that external validation. Without having someone. That you can know how lovable you are. If you're impatient about finding your dream job that pays six figures, then you are defining yourself as less than. Being unworthy of making a six figure salary. What your empowered self is here to say is you are worthy in this moment, regardless if you are making four figures, or five figures, it doesn't matter. You're worthy in this moment. Even if you're making nothing. Your impatience from an empowered place is saying, you need to stay here. Nothing is going to change until you get this very important lesson about yourself. Once you have this from within, then it will be reflected back to you in your external. Use your impatience right now to say, what is it that I am judging about myself as perceiving as lack, because of the situation and because of not having my desire. Then what is that trying to teach me about myself in this present moment, that I need to claim within myself? Now is your time to claim this for yourself, so that your dreams, that your longings can become your reality.