

Longing

If you have a sense of longing right now, it means that you sense that there is something that you deeply wish to attain, but you feel like you can't or that it's nearly impossible. What is happening is, this is your empowered self trying to signal to you that you are way off into your future. I have heard people describe this as future tripping. That you get so caught up into an image that's out there, that you are no longer present. Your empowered self needs to signal this to you, because your power to create that longing, to make your desire a reality is in the present moment. So if you stay out there and longing, it means that you don't feel powerful enough to actually make it happen. And you don't. If you stay in that ego version, you don't have the power to create what you want. Because it's a longing, it's like a wish. A wish doesn't have the power to take the action to make it a reality. This is your empowered self signaling to you to get back into the present moment, and look at what are the next steps that I can take. What do I have power over, that will allow me to get closer to what my heart really desires? That's when you will see that your longing is no longer a wish, but that you are becoming closer and closer to making your desires your reality.