

Rageful

Okay, if you are feeling rageful in this moment, this is actually a good sign. I know it doesn't feel good, because you have so much spewing from you and there is probably hate and anger. What this is really signaling is that something at your core is so not right with you. Now the important thing is not to give your rage over to your ego, because then you are giving your power away. Because the rage just wants to spew and be hurtful, and destroy, and in a very hurtful ego power over way. Your essence is saying that your rage is there to signal to you that something is not right at your core, and you need to claim what is right for you in this moment. So what this really means, rage is actually this beautiful, beautiful emotion because you are getting ready, your rage is preparing you to claim a part of yourself you have not claimed yet. Another layer of your power you haven't claimed. Because what it's saying is something is so wrong for you, that in order for you to make it right you need to take a stand for who you really are, what you believe in, and what is right from here. So this may be voicing yourself when you see a group of people doing something wrong to another, that they think is okay and you're usually quiet and you take a stand. Being in a relationship where someone was not treating you with integrity and you now demand integrity and really shifting then the relationship. Or equally walking away, knowing when to walk away. That is love coming forward to you to say, this situation is so wrong for me. The most loving thing I could for myself and for the other involved is to walk away.

Really recognizing that this rage is coming forward for you to claim your power in such a beautiful way, where you know love, honor, cherish who you are. That what is happening is not tolerable, so not right for you. That you from love, not from blame, not from hurt, make it empowered choice. So what is this new empowered you ready to take a stand for? How are you going to do it from love, rather than fear or blame but love? I am so happy for this igniting within you. Remember that from love you are being asked to claim another part of you and another part of your power.