

Trapped

If you are feeling trapped right now, that means you are at a loss because you feel that there is no other way to go. That you have tried all directions and you are stuck in a place where you don't want to be. What your empowered self wants you to recognize, is that your options feel very limited right now because you are only listening to the voice of fear and ego. That there is another option that exists, but that is going to entail you listening to the inner wisdom and inner guidance coming through you. What your inner guidance is always leading you through, is for you to get the long term results that actually serve and support you in the long run. what is happening is you are being guided and that guidance that you're receiving, you're rejecting. It probably feels like it's going to cause hurt, pain, or go in the opposite direction in the short term. So it does not feel like an option to you. Because when you have that inner guidance coming through you and you only understand it through fear, you're not going to look at it as a viable option and yet it is.

This is your option to break free from these self-imposed limitations. That's what your empowered self is trying to show you. That this is a self-imposed entrapment. That you can break free from it, if you're willing to take the leap. The good news is, is that your empowered self is having you feel the signal of being trapped, so that you're willing to build up that energy within you in order for you to completely break free. Take that leap and feel that freedom and that joy and fulfillment of creating, of taking that step forward to create that life that you really desire and deserve.