

Useless

If you feel useless right now, I know you are in a lot of pain. Because nothing could be further from the truth. But what your ego is telling you right now is that you have nothing of value to offer, nobody wants what you have to give. You feel like you don't have a purpose. So you're really struggling with your sense of self-worth. Why this is happening is because you are looking outside of yourself for your value, which always, always disempowers you. Because of this, you're probably caught up in some story about not being good enough. This leads you to continue to look outside for everything you do to receive validation, because that to you brings you a sense of value to what you do. What's being called from you with your empowered self, this is the signal that you, you are ignoring your gifts in your true value when you give your power away to someone else to validate you. When you ignore your inner guidance because you judge it as irrelevant, it doesn't matter, it's not going to serve any good, then you take away your power to create and to express your gifts. So what's being asked of you right now, when you feel useless, is to trust in yourself enough to listen to those whispers.

Those whispers guiding you to what is going to bring you joy, to what will bring you fulfillment. That's really what will lead you to that next step of how you can best be of service into the world, how your gifts can be used. But this comes from trusting in your inner guidance to guide you. When you listen to it and you take that step, you're not looking for external validation. You don't have certain expectations of what your inner guidance is going to lead you to. All you know is, is that by taking that step based on your inner guidance, that you are leading yourself to feel greater joy and fulfillment because you are listening to you. You listening to you, validates that you matter. The more you instill in yourself that you matter based on your actions of trusting and following the inner guidance you have, the more of your path is revealed to you. So right now come back to your heart, come back to your true empowered state. Which is listening to whatever inner guidance that is. Not dismissing it and not judging it. That inner guidance right now might be telling you to lay down, and that is exactly enough. That's enough for you to get to your next step of what's going to lead you to joy and fulfillment and ultimately to be of the greatest service in the world.